



VMH 5K FUN RUN

Saturday, May 17, 2014
9:00 AM

Proceeds benefit Veterans' Memorial Hall, a program of St. Louis County Historical Society.

- ❖ Join us for the race at the Twig Bakery, 3930 East Calvary Road, Duluth, Minnesota. Free parking is available for participants across the street in the Voyageur Bus Co. lot.
- ❖ To register, complete and mail the form with below with your payment. Registration fee includes race t-shirt and refreshments.
- ❖ Awards will be given to the top racers in each age group for males and females and teams of five members.

Please direct questions to John Werner, Veterans' Memorial Hall Advisory Committee Member, at 218-343-8849 or wernericsm@gmail.com.

Veterans' Memorial Hall was established in 1910 and is a joint program of the St. Louis County Historical Society and the military service veterans of northeastern Minnesota with a mission to gather, preserve, interpret, and promote the rich and diverse human experiences of veterans, their families and communities, through museum, archival and educational programs. Its website, www.vets-hall.org, features more than 6,000 veteran stories.

Registration Fees

- \$20 by May 1, 2014
- \$25 May 2, 2014 or later

Total enclosed: _____

Please make your check payable to SLCHS and mail to:

**St. Louis County Historical Society
Attn: VMH 5K Fun Run
506 West Michigan Street
Duluth, MN 55802**

T-shirt Size (check one):

- SM MED L XL XXL

VMH 5K Fun Run Entry Form for May 17, 2014

Name: _____

Address: _____

City: _____ State: _____ Zip code: _____

Phone: _____ E-mail: _____

Birthdate: ____/____/____ Age on race day: _____

Waiver: I am over the age of 18 or have obtained my parent/guardian's consent and signature. I certify that I have full knowledge of the risks involved in the VMH 5K Fun Run and that I am both physically fit and properly trained to participate in the event. I hereby waive and release any and all claims for damages that may incur as a result of my participation in the VMH 5K Fun Run against the Veterans' Memorial Hall Program, St. Louis County Historical Society and its affiliated organizations, organizers, sponsors, promoters, municipalities, along with the employees, volunteers and officials of these organizations. I authorize St. Louis County Historical Society to use, reproduce and publish any and all photographs and/or videotape of me taken at the VMH 5K Fun Run for use by the St. Louis County Historical Society. I further understand that my registration fees are non-refundable and non-transferable.

Signature: _____ Date: _____

Parent/guardian signature if participant is under 18: _____ Date: _____

You may also register on-line with a credit card at <http://www.tempotickets.com/vmh5k>.